



**U.S. AIR FORCE  
CHIEF INFORMATION SECURITY OFFICE (CISO)**

The office of the Chief Information Security Officer enables the US Air Force core missions – to fly, fight, and win – by ensuring the cybersecurity and resiliency of systems, information, and staff.



## What is the Internet of Things (IoT)?

The IoT refers to the ability of everyday objects to connect to the Internet and to send and receive data.\*

IoT devices connect to the Internet via Wi-Fi, Bluetooth, or cellular data.

IoT devices include fitness bands, heart monitors, crockpots with Wi-Fi capabilities, virtual assistants, etc.



**The average American interacts with 6 IoT devices per day.\***

### How might my IoT device pose a threat?

- Collects, transmits, stores and/or shares vast amounts of consumer data; some of which could be highly personal
- Having limited security settings makes your device(s) vulnerable
- Difficult to protect - once deployed, devices run in “default mode” with limited security settings

### Questions to Ask Yourself

1. *Is this device connected to a network? If so, how?*
2. *Can I secure my IoT?*
3. *Should I disable connectivity before I come to work or even bring my device in at all?*

### Know the security capabilities of your IoT device

- Find out if you can install anti-spyware and anti-virus software; be sure to update regularly
- Lock via passcode, when possible
- Research the device’s data collection and storage capability – avoid discussing sensitive data for good measure

**Changing your security mindset could help protect you from an incident!**

**Stop attacks in their tracks before they impact the Air Force and your personal life.**

\*FTC Staff Report 2017